

NATIONAL COUNCIL FOR HOTEL MANAGEMENT
AND CATERING TECHNOLOGY, NOIDA
ACADEMIC YEAR 2015-2016

COURSE : 2nd Semester of Post Graduate Diploma in
Dietetics & Hospital Food Service
SUBJECT : Therapeutic Dietetics-II
TIME ALLOWED : 03 Hours MAX. MARKS: 100

(Marks allotted to each question are given in brackets)

- Q.1. Explain the following in 2-3 sentences:
- (a) List any **five** diseases that come under the term of Malabsorption syndrome.
 - (b) Three distinct phases in the carcinogenesis process.
 - (c) Food items limited/excluded from the diet of a patient with gall bladder disease.
 - (d) Enlist the diseases caused due to kidney dysfunction.
 - (e) Post-operative protein requirement.

(5x2=10)

- Q.2. Differentiate between the following:
- (a) Anorexia Nervosa and Bulimia Nervosa
 - (b) Peritoneal Dialysis and Haemodialysis
 - (c) Chemotherapy and Radiation Therapy
 - (d) Gastritis and Oesophagitis
 - (e) Diarrhea and constipation

(5x2=10)

- Q.3. Give the symptoms and dietary management of a patient suffering from acute renal failure.

OR

What are the major symptoms of nephrotic syndrome? What dietary measures will help to correct the disease?

(10)

- Q.4. What are some common forms of chronic diarrhea? What nutritional management can be done for a child suffering from chronic diarrhea?

(10)

Q.5. What symptoms are associated with cancer cachexia? Suggest dietary objectives and nutritional management of a cancer patient. (10)

Q.6. What are the etiological factors of liver disorders? Discuss briefly in a few sentences. Suggest dietary objectives and nutritional management for a patient, suffering from liver cirrhosis.

OR

Discuss the symptoms in brief and dietary management of a patient suffering from viral hepatitis. Highlight the feeding pattern, foods to be included, restricted or avoided for such a patient. (10)

Q.7. Enumerate any **five** clinical features of anorexia nervosa. What nutritional management can be done for such a patient?

OR

Give the importance of maintaining a food diary for a bulimia nervosa patient. What nutritional counselling can be given to 18 year old model (girl) suffering from this problem. (10)

Q.8. Define peptic ulcer stating its symptoms. What dietary goals and feeding pattern can be suggested for a patient suffering from this problem? (10)

Q.9. Write short notes on **any two** of the following:

- (a) Role of branched chain amino acids in hepatic coma
- (b) GERD (Gastro oesophageal reflux disease)
- (c) Pre-operative nutritional care
- (d) Protein requirement in Glomerulonephritis

(2x5=10)

Q.10. Explain briefly **any two** of the following:

- (a) Nutritional management of celiac disease
- (b) Role of antioxidants in cancer prevention
- (c) Lactose intolerance

(2x5=10)
